

# What to Pack in a Grab-and-Go Bag



In the event of an emergency that requires you to evacuate, everyone in your household should have a Go Bag packed and ready to go. Your Go Bag should be a sturdy and easy to carry backpack or duffle bag containing things you would want to have with you if you have to leave in a hurry. In addition to a copy of your Plan, items to consider for your Go Bag include:

- Bottled water and nonperishable food, such as granola bars
  - For water purification: sixteen drops per gallon of water / Life Straw
- Personal hygiene items (toothbrush, toothpaste, deodorant, wet wipes, etc)
- Flashlight, hand-crank or battery-operated AM/FM radio, and extra batteries
- Portable cell phone charger (solar/battery)
- Notepad, pen/pencil, and marker
- Local street maps (paper version)
- Spare home/vehicle keys
- Whistle or bell
- First aid kit & personal medications
- Dust mask to reduce inhalation of dust and other debris
- Work gloves
- A change of seasonal clothing (long sleeve shirt/pants, rain gear, sturdy footwear, etc.)
- Copies of important documents (insurance/medical cards, contact lists, identification, marriage and birth certificates, etc.) in a portable, waterproof container or plastic bag
- Back-up medical/assistive equipment and supplies
- A list of the medications you take, why you take them, and the dosages
- Cash, in small bills
- Supplies for your service animal or pet

# Stay-at-Home Emergency Kit

- Water
  - One gallon per day, per person. This provides for both drinking and sanitary uses.
  - Additional water for pets, as needed (1 oz per pound of body weight per day)
- Food
  - Non-perishable items
  - Ready-to-eat canned foods, and a manual can opener
  - Ensure adequate supply for each family member
    - Consider special dietary or other needs
- Include pet food, if applicable
- Handheld AM/FM radio and NOAA Weather Tone Alert Radio. Appropriate spare batteries.
- Cellular phone
- Chargers for portable electronic devices (phone, laptop, tablet, etc.)
- Flashlight and appropriate spare batteries
- First aid kit
- Whistle or bell
- Dust mask to reduce inhalation of dust and other debris
  - Adequate supply for family members
- Plastic sheeting and duct tape to seal windows, doors, and other openings, if advised to do so.
- Pre-moistened wipes, plastic garbage bags, and zip ties for toileting.
- Wrench and/or pliers to shut off utilities
- Local street maps (paper version)
- Key documents including insurance documents, contact lists, identification, etc. in a portable, waterproof container
- Medical information (history, allergies, etc.) for each family member.
- Personal medical/assistive equipment, as appropriate
- Prescription medications, including a list of the medications you take, why you take them, and the dosages
- Prescription glasses or contact lenses, if needed
- Diapers and formula, if needed
- Spare home/vehicle keys
- Cash (small bills), change for telephones, etc.
- Sleeping bag/blankets
  - Adequate supply for all family members
- Changes of seasonal clothing for each family member
  - Long-sleeved shirt, long pants, sturdy shoes
  - Appropriate personal hygiene supplies for each family member
- Unscented chlorine bleach
  - For disinfecting purposes: dilute nine parts water to one part bleach
  - For water purification: sixteen drops per gallon of water / Life Straw
- Fire extinguisher (portable size)
- Matches and weatherproof container
- Paper plates, cups, eating utensils, paper towels
- Age-appropriate books, games, etc. for children (if applicable)